





BIP Well-being of future teachers and education professionals

Online: 27 October & 24 November 2025

27/10

14:30-16:30 – Online meeting

Welcome to the BIP on Well-being of future teachers and education professionals Daniela Frison, Giovanna Del Gobbo University of Florence

3/11

14:30-17:30

Department of Education, Languages, Intercultures, Literatures and Psychology (FORLILPSI), Via Laura 48 (room: 203)

Welcome and Opening

Giorgia Giovannetti, Vice President for International Relations, University of Florence Giovanna Del Gobbo, President of the Teaching & Learning Center, University of Florence Vanna Boffo, Director of the FORLILPSI Department, University of Florence Rossella Certini, Erasmus Delegate Education Area, University of Florence

Ice-breaking: **Towards a collective definition of Teacher Well-Being**

Chiara Funari, Marta Pampaloni, Lorenzo Corsellini, University of Florence 18:00 – Welcome Aperitif

4/11

09:00-13:00

Florence Botanical Garden,

Via Pier Antonio Micheli 3 (room: Ostensio)

Yoga at the Garden with Giulia Biagi,

University of Florence

Workshop: An overview on Teacher Well-Being

Maria Jesus Rodriguez Entrena,

University of Murcia

Lecture: Nordic perspectives on Teacher well-being,

Hege Knudsmoen, Oslomet

Guided tour of the botanical garden

14:00-17:30

FORLILPSI Department, Via Laura 48

(room: 106)

Reflecting on Teacher Well-being: A Simulation Workshop,

Kerstin Hansson, Linnaeus University

The teff Digital Learning Module on Teachers' Well-being,

Dagmar M. Benincasa, University of Cologne

Scientific Direction

Organizing Committee

Chiara Funari, Marta Pampaloni, Lorenzo Corsellini

5/11 09:30-13:00

Visit to educational services in cooperation with

On site: 3-7 November 2025

Arca Cooperativa Sociale

Cepiss Cooperativa Sociale – Servizi socio-educativi 14:00-17:00

Florence Botanical Garden (room: Ostensio)

Yoga session with Giulia Biagi, University of Florence

Lecture: The well-being skills of cultural professionals, Giovanna Del Gobbo, Sofia Marconi, Cristina Banchi,

Elisa Desii, University of Florence

Workshop: The Well-being of Education Professionals,

Daniela Frison, Lorenzo Corsellini, Chiara Funari,

University of Florence

6/11

9:00-17:30

FORLILPSI Department, Via Laura 48

(rooms: 103 & 211)

Education: Teacher and Education Professionals' Well-Being: How to become the professional you

want to be tomorrow!

Dagmar M. Benincasa, University of Cologne

Co-Facilitators

Chiara Funari, Lorenzo Corsellini, University of Florence

Kerstin Hansson, Linnaeus University

Maria Jesus Rodriguez Entrena, University of Murcia

18:00 Closing Aperitif

10:00–12:00 – FORLILPSI Department, Via Laura 48 (room: Altana, 3rd floor)

Group work for structuring the final work (Skills Portfolio & Professional Development Plan)

Daniela Frison, Chiara Funari, University of Florence

14:30-17:30 - Online meeting

Presentation of the final work

(Skills Portfolio & Professional Development Plan)

and assessment of the program

Daniela Frison, Giovanna Del Gobbo, Chiara Funari, Marta Pampaloni, University of Florence

Daniela Frison, Giovanna Del Gobbo

