

PROF. DR. CHRISTOPH STEINEBACH

Prof. Dr. Christoph Steinebach is a German developmental psychologist, born on April 6, 1959, in Koblenz. His early career began after obtaining his M.Sc. and Ph.D. in Psychology from German universities, working in a child guidance clinic before becoming the head of a center for early education, where he specialized in diagnostics, counseling, and supervision for children and families.

In 1995, Dr. Steinebach became a Full Professor of Special Education and Psychology of Rehabilitation at the Catholic University of Applied Sciences in Freiburg, Germany. During his time there, he held key administrative roles, including serving as President of the university until 2007.

He then transitioned to the Zurich University of Applied Sciences (ZHAW) in Switzerland, where he was a professor from 2007 until 2024. At ZHAW, he served as the Dean of the School of Applied Psychology and Director of the Institute for Applied Psychology. Since the summer of 2024, he continues to work at the ZHAW Institute for Applied Psychology as a researcher, counselor, and lecturer at the Center for Clinical Psychology and Psychotherapy. He has also served as an Adjunct Professor at Toronto Metropolitan University since 2013.

On the international stage, Dr. Steinebach served as the President of the European Federation of Psychologists Associations (EFPA) from 2019 to 2025. He is currently the Editor in Chief of the journal "European Psychologist" (since 2024) and the President of the 2030 International Congress of Psychology (ICAP2030) in Zürich.

As a developmental psychologist, his research is primarily focused on resilience across the life-span, youth development, health promotion, and counseling. His recent work includes projects related to mindfulness and peer support in youth. Through his professional commitments, Dr. Steinebach actively contributes to the UN Sustainable Development Goals (SDGs), focusing on promoting mental health (SDG 3) and fostering resilience and intercultural understanding (SDG 10 & 16).